

EDMONTON SENIORS SLO-PITCH ASSOCIATION

*** Seniors In Motion ***



Registrar:

Email : richardisabelle@shaw.ca

Email : edmseniorslopitch@shaw.ca

ESSPA phone c/w voicemail 780-457-5918

Web Page : esspa.ca

Past President: Ron Brown – 780-473-4904

Contents

Note: this package is designed for duplex printing (double sided)

- ❖ 2010 introduction letter
- ❖ Rules & Code of Conduct – **must read , keep for reference, and accept by signing waiver.**
- ❖ Training & Evaluation
 - **New Players EVALUATION CAMP** – contact John Cabaj 780-717-6018
 - **CPR and AED training** – contact Ron Brown 780-496-5696w 473-4904h
 - **Umpires Training Course** – contact Stan Zimmerman 780-722-0443
 - **Ladies Training Camp** – contact Gary Smail 780-722-0371
- ❖ ASSPA Tournament team Application Form - [return if interested](#)
- ❖ Registration form – [must return](#)
- ❖ Waiver/Acceptance of league operating conditions – [must return](#)
- ❖ People Resources Form – [must return](#)

[Must return items to be included with your cheque for complete registration costs.](#)

This list includes all items which should be included in your package.

Note: If you entice another new member to ESSPA, you will be entered into a draw for a free membership for the 2010 season. Ie: You will receive an entry for each new member who lists you as a reference.

Mail or Deliver Forms to:

Edmonton Seniors Slo-Pitch Association
Registrar
Care of Central Lions
11113 – 113 Str.
Edmonton, Alberta, T5G – 2V1

EDMONTON SENIORS SLO-PITCH ASSOCIATION

*** Seniors In Motion ***

Our Association was formed 25 years ago and has grown to a membership 300+. The league now has three divisions (**Cuthbertson**, **Hirsch**, and **Brawner** divisions). **All divisions are co-ed and rosters are strictly decided by your ability to play at that level.**

The first two of these (**Hirsch and Brawner**) are reformed each year by the League Exec by way of a draft of all members(new and returning) wishing to participate.

The **Hirsch** division is for the more skilled players while the **Brawner** Division is for those players, regardless of skill level, who play slo-pitch strictly for recreational purposes. Each team is comprised of players like yourself who will be 50 years of age or older this year, (before Dec 31, 2010). Each team is scheduled to play two games a week on any two of the following evenings; Monday, Tuesday, Wednesday or Thursday for a total of approximately 32 games.

The **Cuthbertson** division is for those players who are members of a team who wish to compete for Provincial and National titles and numerous tournaments during the year. This is for the **highest caliber** of players who will be 45 years of age or older this year, (before Dec 31, 2010).. Teams are formed on their own and entered into the league as a full team. **Note: Players must still register individually.**

The league schedule starts during the first week of May and ends during the last week in August. The games are played at Airway's Park adjacent to Kingsway Ave. (113 St. and 113 Ave.) South of the City Center Airport.

Slo-pitch is a very inexpensive recreational activity.

1. The fee for **new members** is **\$160.00**
2. The "**Spare List fee**" for 2010 is also **\$160.00**
3. Fees entitle you to a "T" shirt and hat which you keep, your (one ticket) prepaid admission to our "**Wind-Up**" **Banquet** and dance (**on Sat. Sept 11th**) and Association operating expenses.
 - 3.1. The Spring social (on May 15th) will be a sit-down "Smorg" style supper, to celebrate our **25th Anniversary**. As a member your ticket is free but must be reserved ahead of time. A ticket for your spouse will be \$15 as it is for past members and non-members.
 - 3.2. Fees also include a \$20 volunteers fee which is refundable at the wind-up banquet, or at the AGM, if the required volunteer effort is made during the season.
4. Registrations after June 15th, **may** be adjusted.

Note:

ASCSRA FEES ARE NOT INCLUDED IN ESSPA FEES.

If an individual wishes to play in the Alberta Senior Games, he/she must register with ASCSRA separately. We provide the ASCSRA forms on our web page (esspa.ca) for easy download &/or printing.

If you have any questions, please don't hesitate to contact me. I will be glad to discuss our league in more detail.

Yours sincerely,
Richard Isabelle
ESSPA Registrar

Mail or **Deliver Forms to:**
Richard Isabelle, Registrar
Edmonton Seniors Slo-Pitch Association
Attention: Registrar
Care of Central Lions
11113 – 113 Str.
Edmonton, Alberta, T5G – 2V1

ESSPA ph & voicemail 457-5918
H.Ph and Fax 780-378-0181
Email richardisabelle@shaw.ca

Or
edmseniorslopitch@shaw.ca

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HOUSE RULES (YEAR 2010)

1 Code of Conduct and Code of Ethics

- 1.1 All slo-pitch participants are expected to, at all times, display respect for the rights, dignity and worth of athletes, coaches, officials, other volunteers, media, friends, and spectators and to treat everyone respectfully, regardless of sex, ethnic origin, religion or ability.
- 1.2 No ESSPA League Member or Fan:
 - 1.2.1 will conduct themselves in behavior contrary to this code both on and off the field.
 - 1.2.2 will cause any form of personal abuse, including verbal, physical and emotional abuse, towards other athletes, officials, host personnel, spectators and others.
 - 1.2.3 will refuse to abide by an official's decision, threaten an official, or at any time lay a hand upon, push, shove, strike, or make incidental physical contact with the body or kick dirt or other matter on the official or attempt to cause physical contact when disputing a decision. This includes causing or attempting to cause physical contact another participant at any "ESSPA" game or tournament.
 - 1.2.4 will make any disparaging remarks or actions towards other athletes, officials, host personnel, spectators and others.
 - 1.2.5 will react in a violent manner to any incident nor use any form of profane, vulgar, obscene or abusive language or gestures, whether it is directed at an official, opponent, playing colleague, team official, tournament official or spectator. Neither will they tolerate profane, vulgar, obscene or abusive language or gestures from any supporters and other members of their team.
 - 1.2.6 will use intimidating or threatening behavior towards officials, opponents, playing colleagues, team officials, tournament personnel or spectators nor will they condone any other's activity that openly or maliciously criticize, badger, harass, or threaten an official.
 - 1.2.7 will make objectionable demonstrations by throwing bats, gloves or other equipment in a forceful manner.
 - 1.2.8 will discuss publicly with participants and spectators in a derogatory or abusive manner any decision by the officials or any opinions of players.
 - 1.2.9 will cause the destruction of property belonging to others.
 - 1.2.10 will use any intoxicating substances during the course of the game, or appear to be in an intoxicated condition.
 - 1.2.11 will harass, heckle, insult, jeer, or use verbal tactics to embarrass or insult an association representative, employee or other participant at the site before, during or after a game.
 - 1.2.12 will use any improper and unapproved equipment.
 - 1.2.13 will give false or misleading information or fail to cooperate with a legitimate request from an ESSPA official in the discharge of his/her official duties.
 - 1.2.14 will when requested by the game official, refuse to assist him/her in the enforcement of this Code of Conduct and the control of players making threats.

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- 1.2.15. will engage in a verbal attack upon an official or other participant or spectator after they have been ejected from a game or make a verbal threat of physical violence upon an official.
- 1.2.16. shall incur Non-payment of team-incurred debts.
- 1.2.17. shall fail to provide current team accident and liability insurance coverage forms.
- 1.2.18. shall play under an assumed name
- 1.2.19. shall falsify an official ESSPA document.
- 1.2.20. shall write checks with non-sufficient funds or account closed checks to an ESSPA official, umpire, member team, individual or business.
- 1.2.21. shall commit acts of fraud perpetrated against an ESSPA official, team or individual.
- 1.2.22. shall commit acts of larceny perpetrated against an ESSPA official, team or individual.
- 1.2.23. shall use any ESSPA logos or trademarks without express permission.
- 1.2.24. shall commit any acts that are contrary to the objectives and purposes of ESSPA.
- 1.2.25. shall compete with or against individuals or teams who are disqualified from ESSPA play.
- 1.2.26. shall commit any other acts of disqualification as listed in ESSPA Code.

1.3 **Penalties:** Violation of any of the above may result in suspension or disqualification.

2 CHOPPING/BUNTING

2.1 A batter is out when he “bunts” or “chops down” on the ball.

3 CALLED GAME

3.1 **For league Round-Robin games, no inning shall start later than TEN MINUTES before the start of the next scheduled game.**

4 COMMITMENT LINE

4.1 Once a runner coming home touches or crosses the “commitment line” (20 feet from home plate) he/she must continue to the “scoring plate”, otherwise he/she is out.

5 COURTESY RUNNER/S

5.1 Cuthbertson Division / “AA” Division

5.1.1 Courtesy runners shall follow the “SPN” rules. Maximum of seven (7) per game and the same runner only run once (1) per game.

5.2 Hirsch Division

5.2.1 Each courtesy runner can only run twice (2) per game.

5.2.2 A courtesy runner may be used to replace the batter that has just reached a base. Special allowance for injured members may be requested from the opposing manager to allow a courtesy runner from home plate as per the Brawner rule.

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5.3 Brawner Division

- 5.3.1. Each courtesy runner can only run once (1) per inning.
- 5.3.2. A courtesy runner may be used to run to first (from a line or box that is 2 meters behind the extension of the third base line, or to replace a batter that has just reached a base.
- 5.3.3. **A courtesy runner may not be replaced with another courtesy runner except in the case of an injury occurring to the on base courtesy runner. New as of May/09**

5.4 Hirsch Division **revised May/09**

- 5.4.1. A courtesy runner may be replaced by another courtesy runner but it must be done before the on-base courtesy runner's turn at bat occurs. The effect is that the batter is out if serving as a courtesy runner and is still on a base when it's his/her turn to bat.

5.5 All Divisions

- 5.5.1. An illegal runner is counted as an out as soon as he takes the base of the person he is running for if detected by the opposition team before the next batter has completed his/her at bat. No ejections.

6 DISPUTES

- 6.1 The coach and/or manager is the only player allowed to dispute the call of an umpire.

7 Equipment

- 7.1 **Cleats**—Absolutely no metal cleats are allowed.
- 7.2 **Bats**—Any bat that is not on the ASA certified list or on the ASA Non-approved bat list, or doesn't display a 2004 or later certified sticker will be considered as illegal. **Link to approved bat web site:** [Link to certified bat lists](#)
 - 7.2.1. Bats must be approved softball bats with a "BPF" of 1.20 or Less
 - 7.2.2. Bats must be approved for play with ASCSRA
 - 7.2.3. No titanium bats are allowed (ASCSRA rule)
 - 7.2.4. No bat warmers are allowed (ASCSRA rule)
 - 7.2.5. ESSPA Regulation on bats
 - 7.2.5.1. A regulation softball bat (must say official softball on the bat) with handle tape, rubber or leather, is the only legal bat allowed (no baseball bats). If a metal bat is used, it must have a metal knob. As a result of numerous accidents and a recent death involving the newest technology in softball bats, the Edmonton Seniors Slo-Pitch Association has decided to follow the recommendations of the USA Amateur Softball Association and ban bats with a BPF rating beyond what is listed on the bat. The ESSPA Exec will post the ASA list of banned bats

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7.2.6. Consequences of usage of an illegal bat

7.2.6.1. If caught using an illegal bat (banned or altered): Player will be ejected - the length of suspension will be the remainder of the existing year including playoffs and the following year. The ESSPA Executive will meet and ratify the actual total suspension duration. An individual must know that his bat is not a Banned bat or altered bat, if he brings it into a ESSPA facility or uses it in a ESSPA game. If not, the individual can be suspended from ESSPA activities. The fact that the individual did not know that the bat was Banned or ltered is not a factor in imposing the suspension. The question is only whether the bat is Banned or altered or not.

8 FOUL BALL

8.1 Foul balls going beyond the projection of the backstop screen will be classified “out of play” and the batter shall remain at bat. Exception to this rule is the third strike foul ball rule where the batter is automatically out.

9 Home Plate

9.1 A force out shall be in effect for all plays at home plate. No tag out between the commitment line and the scoring plate.

9.2 A runner touching home plate after rounding the bases will be out (by appeal only).

10 Home Team Duties and dugout assignment

10.1 The **home team** shall utilize the “**third base side**” dugout while the **visitor team** utilizes the “**first base side**”.

10.2 The HOME and AWAY designation is on your Schedule!!

10.3 Home Team is responsible to put out the bases etc. on early games and pick up the bases after late games.

10.4 Home team has the choice of batting first or batting last.

11 LEAD OFF

11.1 A base runner leaving any base before the pitched ball reaches home plate is out.

12 MERCY RULE

12.1 The five run “mercy rule” per inning is in effect. The exception is the seventh or last inning.

13 NON ATTENDANCE/LATE

13.1 Each team member is required to inform the coach or manager if he is not coming to or will be late for a game. **EFFECT:** Insertion into the lineup will be at the coach’s discretion.

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14 NUMBER OF PLAYERS FIELDING

- 14.1 Cuthbertson Division / "AA" Division..... 10
- 14.2 Hirsch Division..... 11
- 14.3 Brawner Division.....11

15 ON DECK BATTER

The batting team must have their next official batter in the “on deck circle” when current batter is in the “batter’s box”. Non compliance will cause an automatic strike to be called against the “on-deck” batter. The strike call shall carry over to the next inning.

16 PARTICIPATION

- 16.1 For the Brawner Division players will be placed in the batting order regardless of the number of players and will rotate in and out of the field to ensure equal playing time.
- 16.2 For the Cuthbertson Division / “AA” Division and Hirsch Divisions player participation will be at the coach’s discretion.

17 PLACEMENT OF PLAYERS

- 17.1 All players entering the league after the player draft must be approved by the **League Executive**. These players will be assigned to a team based on the next order of selection during the draft. The exception to this procedure will be when a team has lost players due to injury and other similar circumstances. In such cases the **League Executive** shall place the player on the appropriate team.

18 PHYSICAL CONTACT

- 18.1 Players intentionally causing physical contact (offensively or defensively) will be automatically ejected from the game by the umpire

19 PLAYOFF ELIGIBILITY

- 19.1 All players eligible for playoffs must be fully paid up members of the league and must have played a minimum of 6 games with the team.

20 SAFE BASE (ORANGE)

- 20.1 When there is a play at first, the batter/runner must run to the orange “safe base” using the 3 foot line. Non compliance will cause the batter/runner to be called out.

21 SLIDING

- 21.1 **Brawner Division - No sliding into bases but you can slide back into the base**
 - 21.1.1 **FORCE OUT at 2nd & 3rd Base** : When a runner is being forced out at a base he must turn out of the base path to allow the fielding team a chance for a double play.
- 21.2 **Hirsch Division - Sliding is optional**
- 21.3 **Cuthbertson Division / “AA” Division - Sliding is optional.**

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22 Spare Players For a League Game

- 22.1 At no time will the playing time of a player on the team roster be jeopardized by the additional player.
- 22.2 In all Divisions, a spare player must be placed at the bottom of the batting order.
- 22.3 **Brawner Division:** Any player within this Division, any Brawner rated player on the Spare List and, any player from the Hirsch Division may be used to complete a team roster for any scheduled league game.
- 22.4 **Hirsch Division:** Any player within this division, any Brawner or Hirsch rated player on the Spare List and, any player from the Brawner Division may be used to complete a team roster for any scheduled league game.
- 22.5 **Cuthbertson Division / “AA” Division:** Any player, duly registered with ESSPA– can be used as a spare for league play
- 22.6 **NOTE:** Playoff Games are treated separately. See your division’s playoff rules.

23 SUBSTITUTION

Unlimited substitution is allowed

24 Suspension format

- 24.1 Any person accused of a suspend able offence must be brought to the attention of the “Rules Committee”, by submission of a formal letter outlining the offence, identifying the accused, and signed by at least two members in attendance during the occurrence.
- 24.2 The “Rules Committee” shall deal with the matter in a timely manner by reviewing the facts, interview of the accused and submission of a recommendation to the ESSPA executive for final action. A letter will be sent to the accusers advising them of the result of the matter.

25 WARM UP AREA

- 25.1 All warm-ups are to be conducted on grassed areas. **NOT ON SHALE.**

26 Other Circumstances

- 26.1 Cuthbertson Division shall follow SPN- Slow Pitch National- Slo-Pitch Rules unless specifically specified herein.
- 26.2 All other instances not covered by these League Rules shall be as written in the SPN- Slow Pitch National- Slo-Pitch Rules.

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ESSPA Training & Evaluation Sessions

□ **New Player EVALUATION CAMP**

- **Sunday March 28th 7:45 PM sharp**
- **Field #2 Millennium Place, Sherwood Park**
- This is recommended for all NEW players joining the league and existing players who are looking to move up a division.
- **Contact John Cabaj 780-717-6018** or email edmseniorslopitch@shaw.ca

□ **“Esspa” Umpires Clinic** – details to follow.

- **Saturday April 17th – 1 PM at Central Lions – Room #4**
- Call Stan Zimmerman if interested or email edmseniorslopitch@shaw.ca

□ **“Ladies Training Camp”**

- April 24,25 - Gary Smail will be hosting a two day training camp for the Ladies. Learn the basics of fielding, batting, ect. from the experts.
- Call Gary at 780-487-0513 or 780-722-0371 or email: gsmail@shaw.ca
-

□ **CPR level A+ child CPR and AED training session**

- **Saturday May 01 – 9:30 AM at Central Lions – Room #4**
- The cost of the training of \$40/ person will be covered by ESSPA.
- **Note: if you book a spot and do not show up you will be charged for the cost.**
- Open to all members but ESSPA strongly suggests that all Managers and Coaches take this course.
- If you have already completed the course such as firemen and police etc, please contact the undersigned and have your name added to the list of trained persons, or contact us for details and course registration.

❖ Ph 780-473-4904 h fax 780-473-4904 780-496-5696 w 780-289-4904 cell email ronaldabrown@shaw.ca or edmseniorslopitch@shaw.ca

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Tournament Information;

1) ESSPA Spring Mixer; open to all ESSPA members.

Each year we plan an early season tournament involving all of the league teams competing within your own division (Cuthbertson, Hirsch or Brawner). It will be held the weekend of May 14, 15 2010. During the 1st week of May, the coaches/managers will be asked for who is interested in playing ball.

On **Saturday May 15th** we will be holding our **25th Anniversary Social.**

Members must reserve tickets (free of charge). See your registration package.

Past Members, Non-Members and Guests will be charged \$15 as it will be a sit-down smorg type supper.

2) Alberta Seniors Slo-Pitch Association (ASSPA) Tournaments:

[See the attached schedule for "ASSPA" tournaments and complete the request form.](#)

Every week-end different towns/cities host ASSPA tournaments in 3 age categories:

- (i) **60+** (may include 3 players Age 55 - 59); (ii) **65+**; & (iii) **70+**

Based on your age, please indicate which tournaments (if any) that you would like to play (see enclosed).

These teams are open to all ESSPA members of any division. What we are looking for is commitment and ability. We will try to draft these tournament teams accordingly. It is expected that you will be committed to playing with **your** team at the assigned tournaments. If you cannot make that commitment or if you wish to play in additional tournaments if needed, please put your name on the "Tournament Spare List".

Note: ASSPA – ESSPA tournament is Jun 11/12/13

3) "SPN Provincial Qualifier tournament";

Edmonton will be hosting an SPN Provincial Qualifier tournament, (the Jackson Classic)

on the weekend of **July 02, 03, 04, 2010** in 4 age categories:

- (i) 50+ (ii) 55+ (iii) 60+ (iv) 65+ and a Ladies Div.

Individual teams must enter this tournament on their own. If you need more information, please call

Stan at 463-8983 or John Cabaj 717-6018 or Ernie Jackson at 476-2592

or see out Web page at edmseniorslopitch@shaw.ca

Slo- Pitch (ASSPA) Tournament Schedule for 2010

Alberta Seniors Slo-Pitch Association (ASSPA)

ESSPA – Edmonton Seniors Slo-Pitch Association
 Slo Pitch National (SPN)

Dates	Organization	Eligible Team Members	Venue	Ages
May 14,15	ESSPA Spring Mixer	All ESSPA Members	Edmonton	All ESSPA Members
May 22-23	Drayton Valley		60+	
May 29-30	Lacombe		60 & 65	
June 5-6	Camrose		60+	
June 12-13	Linden		60 & 65+	
June 11, 12-13	Edmonton (Friday Night)		60 & 65 & 70+	
June 18-19	Barrhead Seniors		60+	
June 26-27	Stettler		60 & 65+	
July 3-4	Grande Prairie		60+	
July 9-10	Medicine Hat		60 & 65 & 70+	
July 9-10	Barrhead Twilighters		60+	
July 16-17-18	Calgary (Okotoks) (Friday Night)		60 & 65 & 70+ Co-ed	
July 24-25	Olds		60 & 65 & 70+	
July 24-25	Ft. Assiniboine		60+	
July 31, Aug 1	OPEN			
Aug 7-8	Castor		60 & 65 Average	
Aug 14-15	Sangudo		60+	
Aug 20-21-22	St. Albert (Friday Night)		60 & 65 & 70+	
Aug 28-29				
Sept 11- 12	Airdrie (in Okotoks)		65 Average	
Oct 4 - 8	Huntsman (Utah)		60 & 65 & 70+	
Oct 11 - 15	Huntsman (Utah)		50+ 55+	

ASSPA Tournament Team Application Form

Name: _____ (Please print) Age: _____ (by Dec.31)

A.

B. I would like to play on a competitive team as ESSPA's rep in the ASSPA tournaments. **Yes** ___ **No** ___

a. If I am drafted to the representative team, I will make a **commitment** to play regularly with that team! **Yes** ___

b. I will be available to play on the representative team in the following tournaments:

i. **NOTE: this will affect your selection to a team. ie:** those who commit to out of town (>50k) tournaments will be considered before those who commit to only tournaments close to Edmonton.

C. I can-not commit but would like to be put on a tournament "Spare List". Yes? ___ No? ___

ESSPA Slo- Pitch Tournament Schedule for 2010

Check off the dates you commit to	Dates	Venue	Divisions				
			circle the bracket you are eligible for				
	May 22/23	Drayton Valley	60+				
	May 29/30	Lacombe	60+	65+			
	June 5, 6	Camrose	60+				
	Jun 12, 13	Edmonton	60+	65+	70+		
	June 12, 13	Linden	60+		65+		
	June 18, 19	Barrhead Seniors	60+				
	June 26/27	Stettler	60+				
	July 2/3/4	Edmonton SPN Qualifier	50+	55+	60+	65+	Ladies
	July 3, 4	Grand Prairie	60+				
	July 9, 10	Medicine Hat	60+		65+		70+
	July 9, 10	Barr, Twilighters	60+				
	July 16, 17, 18	Calgary(Okotoks)	60+	65+	70+	Co_Ed	
	July 24, 25	Ft. Assiniboine	60+				
	August 7, 8	Castor	60+		65+		
	August 14, 15	Sangudo	60+				
	August 20, 21, 22	St. Albert	60+		65+		70+
	Oct 4 to 8 th	HuntsMan (Utah)	60+		65+		70+
	Oct 11 to 15	HuntsMan (Utah)	50+		55+		

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2010 REGISTRATION FORM (new members only)

Note: Please complete as much as you can. Thanks!

Last Name _____ **First Name:** _____

Address _____ City _____ Postal Code _____

Home Phone _____ Work Phone: _____ Cellular Phone _____

Fax Phone: _____ E-Mail Address : _____

Birth date : _____

The following information is very important and must be *Completed to be included in the draft*

The league consists of three divisions called the BRAWNER, HIRSCH, & CUTHBERTSON. The BRAWNER is for those players of any skill level who wish to play a more relaxed level of ball. The HIRSCH division is for those players who have the desire and ability to play a more demanding level of ball.

The CUTHBERTSON division is for those elite players who have formed a competitive team on their own.

I last played organized ball in (date) _____ or Never have _____

I have played slo-pitch _____ (Y/N) Fastball _____ (Y/N) I have played in many tournaments _____

I have participated in Provincial, or higher tournaments _____

I can run the bases and I run (Fast 5 to slow 1, enter 5 to 1) _____ or I need a runner _____

Level of play requested (1 to 10 with 10 the highest level) _____

I am available to play – Mon, Tues, Wed or Thursday – Identify (x-out) days not available)

-I will be away and not available for this period _____ to _____

I was enticed by _____ to join ESSPA. Or I saw an advertisement _____.

(Members name)

(Sun, Journal, road side sign, etc)

Having read the above information and with full and complete understanding , I wish to play in the :

◆ the HIRSCH DIVISION or the BRAWNER DIVISION must be 50+ in current year

◆ or CUTHBERTSON DIVISION team specify team _____ (45+ in current year)

My Preferred playing positions are (Select three(3)) a) _____ b) _____ c) _____

1-pitch, 2-catcher, 3-1st, 4-2nd, 5-3rd, 6-short, 7-Left Field, 8-Ctr Field, 9-Right Field

My "T" shirt size is

Sorry Ladies but all sizes are in Men's sizes.

(S) , (M) , (L) , (XL) , (XXL) , (XXXL)

Refund Policy : Except for extreme circumstances, membership fees are not refundable.

Also: Fees must be paid before any participation in games is allowed.

Senior Slo-Pitch Fee (ESSPA_fee) **\$140**

plus Volunteer fee \$20 (Refundable if volunteer time requirement is met)

Total : \$160

Note: this total does not include the \$40 extra required to play in the Cuthbertson Division due to the cost of Umpire fees. **Cuthbertson Players please remit \$200 total.**

25th Anniversary Ticket. As a member your ticket is free but must be reserved ahead of time. A ticket for your spouse will be \$15.

Yes – I want _____ tickets and have attached a separate check to cover non-member tickets.

Please make checks payable to, Edmonton Seniors Slo-Pitch Association

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WAIVER & INFORMED CONSENT AGREEMENT
Edmonton Seniors Slo-Pitch Association
(ESSPA)
FOR THE YEAR 2010

RISK:

I, the undersigned, hereby acknowledge that participation in activities sponsored by the Edmonton Seniors Slo-Pitch Association might result in personal injury, property damage or loss, and possible death. I fully understand these risks and hereby voluntarily and at my own risk agree to participate in these activities sponsored by the Edmonton Seniors Slo-Pitch Association.

RULES:

I have read the attached ESSPA rules.

I understand that the rules and regulations are designed for the safety and protection of participants and hereby agree to abide by the rules and regulations set down by the Edmonton Seniors Slo-Pitch Association .

LIABILITY:

In consideration of acceptance of my participation in Edmonton Seniors Slo-Pitch Association sponsored activities in 2010, I agree that the Edmonton Seniors Slo-Pitch Association, or any of their volunteers, sponsors, or employees shall not be liable for any personal injury, property damage, or loss arising from or in any way resulting from my participation, unless such injury, loss or damage is caused by the negligence of the Association. In addition, permission is granted to administer any medical treatment that may be required and I acknowledge my responsibility to inform others of any serious medical conditions or allergies that I may have.

Tetanus Shot In Past 10 Yrs. [Recommended Very important !!!!!](#)

IMPORTANT :

Inform your coach/manager of any emergency medication you carry with you and what it is for.

SIGNATURES : I confirm that I have read, understand and agree to the contents of this Informed Consent Form in *its* entirety.

Dated at _____ this _____ day of _____ 2010_ A. D
(Location) (Day) (Month)

(Signature of Participant)

(Signature of Witness)

(Please Print Participant's Name)

(Please Print Witness* Name)

EDMONTON SENIORS SLO-PITCH ASSOCIATION

*** Seniors In Motion ***

The Association would like to build a data base of people resources which could be called upon when required. If a situation arises where certain skills would be helpful, this database would be searched for possible assistance.

Please review the following and/or list any special training or resources you feel you could provide. **Circle your interests and return this with entry info.**

Your Name: _____ Phone# _____

■ Can you assist in any of the following areas:

- Painting - see Terry Ward
- Accounting Services – We are looking for a person to help keep our Simply Accounting database up to date. Would take 4-6 hrs/ month. – See Ron Brown
- Data entry (word and access knowledge required) – see Richard I & Ron Brown
- Legal services – advice on legal agreements etc.
- Web page creation and hosting
 - especially creating picture folders/library !! – see Ron Brown
- Funding sources services ie: finding sponsorship monies and investigating Grant Programs
- If there is any other specialized services you feel could be useful to the organization, please list separately

■ **Note: Volunteer fee (\$20) is refundable.** All members are expected to volunteer at least 2 hrs during the current season. Fees for those that do will be refunded at the year-end windup , or refunded at the AGM.

- **Note:** Persons who do not pick up their refunds will be deemed as having donated this money to ESSPA.
 - We will not mail out these refunds!

■ Other Volunteer activities include:

- Exec. & board positions - see Jack Warner or Bruce Munro
- Volunteer to sit on a Committee – see Jack Warner or Bruce Munro
- Coach or Manage a team in the league – see Bruce Munro
- Manage an ASCSRA Tournament team - see Stan Zimmerman
- volunteer to umpire at “League” Tournaments
- umpiring of games during playoffs – see Bruce Munro
- ASCSRA tournament assistance – see Stan Zimmerman
- SPN – Jackson Classic Tournament assistance – see Ernie Jackson, John Cabaj
- Windup assistance – See Dorothy Downie, Karen Harman, Lois Morrow
- Work a casino – Contact Rolland Ulmer
- Work a bingo - 4 held each summer – Contact Ernie Jackson
- Spring mixer assistance – See Dorothy Downie, Karen Harman, Lois Morrow
- Spring clean up of diamonds – see Terry Ward
 - Other summer work parties
 - Painting
 - General maintenance

■ Other skills expertise etc – please list on the back if you desire.